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October 15, 1986 — October 29, 1986



Fashions
and fun at a
HV event.

— Page 6

A Carnival
of fun for
all ages.

— Page 9

New diet
guides from
AHA.

— Page 8

LETTERS

Equal Attention

I applaud your September 17th article calling attention to the problem of abandoned vehicles. Other locations deserve equal attention. I refer to the increasing number of dust covered cars collecting at the two major service stations in the Village, most of which seem destined to never run again.

Then there is the deteriorating appearance of the Rosie's Cracker Barrel Corner. Stewart's Plumbing has become the repository of no less than twenty rusting vehicles and an equal number of used water heaters. Next door to Stewart's there are usually two or three cars on blocks in front of Shade Tree Auto Repair, and old engine blocks and crates gather around the building.

It appears that legal and budgetary limitations prohibit effective government intervention into these problems. This being the case, perhaps the Carmel Valley Chamber of Commerce will be challenged to prevail upon fellow businesses to clean-up their premises. These sites can only discourage first impressions of the visitors the Chamber is so tirelessly trying to attract.

The master plan is nearly behind us. Perhaps now the Carmel Valley Property Owners Association can redirect its attention towards housekeeping matters of commercial properties that are already developed. The many hours devoted to master planning and zoning matters by our concerned residents go unrewarded if these regulations do not provide the protection of the environment for which they were enacted.

Mel and Barbara Blevens

Accolades, But...

Accolades to those who brought about the removal of unsightly cars from the vacant lot in the middle of the Village! Now, if a similar eye sore can be taken from the area around Rosie's Cracker Barrel, our area will begin to reflect its natural beauty!

Appreciation, too, goes to the designer and builder of the new complex near the corner of Village Drive and Carmel Valley Road. This and Murphy's Hardware have been two welcome additions to the Village. May we hope that any new buildings or remodeling will reflect the same good taste?

Sallie Witter

A Long Garbage Dump

The roads in our beautiful Monterey area, and that includes Carmel Valley, and Cachagua, seem to be becoming one long garbage dump. The scenery, when you lift your eyes from the road, is so lovely...golden fields, sage-green hills, eucalyptus trees, and oaks, and madrone...but the sides of the roads are one long vista of trash and beer cans.

I don't see how we adult citizens can raise our eyebrows, and cluck disapprovingly at teen-age vandalism, when we set our young people this example of the heedless trashing of our countryside.

If there isn't enough money for crews and equipment to pick up after our slobber fellow citizens, perhaps we could forego a couple of bombers, or aircraft carriers, and use the money to keep ourselves clean.

After all, maybe self-respect is nearly as important a weapon in our war for the hearts and minds of the world as bombs.

Fontaine Berkeley

Make It Equal

Vote yes to pass the "Equalizer Proposition." Vote yes to pass Gann's Proposition 61. I work too hard for my meager paycheck to help pay any government employee \$65,000 to \$110,000 per year. For What? Higher taxes!

Gann is right to limit their top salaries. We all would be better off with lower taxes. It is my opinion that we all can use a tax refund and save some part of our future tax dollars of our children's children, by passing Gann's Equalizer Proposition 61.

Why should any government employee earn more than the Governor of the State of California. This would be like some federal employees making more than the President of the

United States.

It is outrageous for their wages to be so high and out of balance with the rest of the civil servants who receive normal wages. Overpaid administrators breed contempt from the general public and their subordinates.

It is great that we live in a free country where we can express our opinion and change the system in which we live. Equalize all civil servant employees so that the top salary is \$10,000 a year higher than the lowest paid employee. Equalize all of their salaries to break the economic grip that administration has over school boards, city councils, and our hard earned tax dollars.

Let them, as they threaten to do, go into the private sector and earn their living like the rest of us. They will retire instead, and others will be happy to take their job at \$49,000 a year as their top salary.

Try it, you will like it. Vote yes on the Equalizer Proposition 61.

Manuel Gonzales

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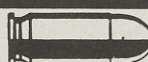
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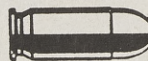
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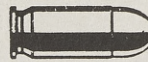


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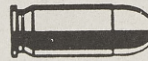
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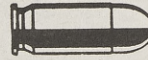
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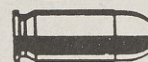
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BOARD A	BOARD B	BOARD C	BOARD D	BOARD E
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
6 7 8 9 10	6 7 8 9 10	6 7 8 9 10	6 7 8 9 10	6 7 8 9 10
11 12 13 14 15	11 12 13 14 15	11 12 13 14 15	11 12 13 14 15	11 12 13 14 15
16 17 18 19 20	16 17 18 19 20	16 17 18 19 20	16 17 18 19 20	16 17 18 19 20
21 22 23 24 25	21 22 23 24 25	21 22 23 24 25	21 22 23 24 25	21 22 23 24 25
26 27 28 29 30	26 27 28 29 30	26 27 28 29 30	26 27 28 29 30	26 27 28 29 30
31 32 33 34 35	31 32 33 34 35	31 32 33 34 35	31 32 33 34 35	31 32 33 34 35
36 37 38 39 40	36 37 38 39 40	36 37 38 39 40	36 37 38 39 40	36 37 38 39 40
41 42 43 44 45	41 42 43 44 45	41 42 43 44 45	41 42 43 44 45	41 42 43 44 45
46 47 48 49	46 47 48 49	46 47 48 49	46 47 48 49	46 47 48 49
VOID	VOID	VOID	VOID	VOID

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Pick your six lucky numbers. They could be the ages of your children. Or their birth dates. Even the numbers on your driver's license. Any six different numbers will do as long as they are between 1 and 49.

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BOARD A	BOARD B
1 2 3 4 5	1 2
6 7 8 9 10	6 7
11 12 13 14 15	11 12
16 17 18 19 20	16 17
21 22 23 24 25	21 22
26 27 28 29 30	26 27
31 32 33 34 35	31 32
36 37 38 39 40	36 37
41 42 43 44 45	41 42
46 47 48 49	46 47
VOID	VOID

One more way to win.

Playing Lotto 6/49 is fun. Winning is even more fun. That's why we've found another way for you to win. It's called the Bonus Number.

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MATCH	ODDS	% PRIZE POOL
All 6	1:13,983,816	40% — Jackpot
Any 5 + Bonus	1:2,330,636	21.35%
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Any 4	1:1,032	10%
Any 3	1:56	17.65% — \$5 guaranteed

*Prize Pool equals 50% of weekly sales

The number of tickets sold each week determines the total amount to be won each week. If no one wins the Jackpot, or any other prize amount, the money is simply added on to the following week's Jackpot. Multiple winners in any prize category, except three of six, split that category's prize amount equally. Winners of one million dollars or more will be paid in equal installments over 20 years.

Don't forget the Instant games.

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Martin's Fruit Stand always provides an interesting display during pumpkin harvest time.



Ten thousand cars a day travel Carmel Valley Road said Traffic Engineer Ronald Lundquist at the recent CVPOA meeting where the hazardous corner of Boronda and Carmel Valley Road underwent a thorough discussion.

Traffic hazards of the Carmel Valley Road where 10,000 vehicles a day pass to and from the Village got a thorough airing at the Carmel Valley Property Owners Association board meeting held Wednesday, October 8 at St. Dunstan's Episcopal Church in Mid Valley. Principal emphasis was placed on what steps can be taken to improve safety at the Boronda/Rancho Road intersection with Carmel Valley.

Ron Lundquist, traffic engineer for the Monterey County Public Works Department, was the principal speaker, but interested valley residents were vocal with their ideas for safety treat-

ment. No final solutions emerged from the hour-long discussion.

A four way stop, an amber warning light, traffic signals, and bumps in the roadway were all presented as accident preventing ideas. So was the need for drivers' observing the 35-mile per hour speed limit and for greater enforcement activity by the Highway Patrol at the Boronda/Rancho Rd. intersection.

Lundquist cited that 750 vehicles a day travel Rancho Road; 1,100 a day travel Boronda; and 10,000 a day travel Carmel Valley Road.

The three-year collision record at the intersection show nine accidents, most

Those who have played Keno in Nevada casinos already know how to play Lotto $6/49$, the latest addition of the California Lottery game.

Lotto, like Keno, requires players to pick the numbers that will be selected in weekly drawings. Six numbers are selected on each game card. Three or more correct picks are guaranteed a prize.

Prizes range from \$5 to 40 percent of the jackpot which is determined by

Local State reserves and beaches will be facing new regulations regarding dogs beginning in January 1987.

Under the revised California Administrative Code dogs will no longer be allowed at Point Lobos State

the number of tickets sold each week
and whether or not the jackpot was
won the previous week.

As of Tuesday, October 14 a Lotto 4/49 officially got underway. Play slips are available locally only at the Carmel Valley Market, located in the Talbott Building behind Will's Fargo Restaurant. According to owner, Randy Randazzo, there are five game cards per play slip. A player can play all five game cards or just one. Each game

of them rear-enders or right angle collisions, Lundquist reported. Pointing out that it takes 360 feet to stop when a car is traveling 50 miles per hour, he said department studies show that the eastbound traffic at the intersection travels an average of 42 miles per hour despite the 35 miles per hour postings on the highway, and westbound traffic has an average speed of 41 miles per hour.

A four-way stop sign is not recommended, he said, because drivers would only speed up in other parts of the road, a trait he attributed to human nature. Waxing eloquent and graphic he said 10,000 vehicles stopping at that intersection each day would make 3,500,000 stops a year, use up more than 12,000 man hours in the stopping process, and use 35,000 gallons of gas.

In a final statistic Lundquist said more than 50 percent of accidents on Monterey County highways during a given year involve drivers who have been drinking.

Just as the road safety discussion was inconclusive so was the discussion on trimming the towering eucalyptus trees bordering Boronda and Carmel Valley Road. If the trees are declared a public hazard the Department of Public Works would simply top them. The department, Lundquist emphasized, has neither the time nor the manpower to "sculpture" the trees. Such would have to be paid for by adjoining or affected private property owners.

card played costs \$1. Play can continue up to five minutes before the drawing takes place.

Carmel Valley Market is one of the 5,000 businesses that were licensed by the State Lottery Commission to run Lotto 6/49. It is the only place in the Valley that play slips are available.

For those who prefer to scratch their way to the winners, Instant Lotto cards will still be available at their usual outlets.

the State Department of Parks and Recreation, the leash law *will* be enforced.

For many years dogs have been allowed at Point Lobos but were restricted to the roadways and next to picnic tables. Even with the restrictions placed on dogs, the Reserve has suffered because of them.

**Valley
Type
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659-2950 659-2950 659-2950
50 FLYERS 659-2950 659-2950
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659-2950 659 ILLUSTRATION 659-2950
COPYWRITING 659-2950 659-2950
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Getting More Out Of A Garden

If I had taken notes faster I could have told you a lot more about African spine cucumbers. I just wasn't fast enough to keep up with the bounty of information that Shelly Schachter easily recited about this plant that normally grows in Australia and New Zealand. As we toured his garden, Shelly pointed out a number of other unusual plants with equally unusual names and, like the cucumber, should be growing elsewhere. He easily rattled off a synopsis of each one as we passed giving its use, growth pattern, history and tidbits that I couldn't even begin to remember.

Growing unusual plants is a hobby that Shelly says fascinates him. "I don't go out of my way to find them, but I enjoy having them," he said, and he has sprinkled them among the artichokes, carrots, raspberries, grapes, flowers and other things that you usually find in a backyard garden.

Shelly's garden, which is shared with his roommate, Alice Kinsler, is located on a steep hillside on Country Club Drive. It took them over two years to clear away the chapparal that originally covered the hillside and put in the terraced areas that house the fruits of their labor (no pun intended).

Both Shelly and Alice have worked hard to make their garden an enjoyable place, not just to enjoy the fresh fruits and vegetables they get from it but a place of beauty as well. "This is our view," said Shelly, so it was important for them to have it visually appealing.

Making a garden tasty as well as visually appealing is what Shelly calls "Edible Landscape."

Edible landscaping is not a new concept. It was initiated back in the 1940's by Ed Robinson. A reprint of this concept of utilizing land space efficiently for growing your own food and having it visually appealing appeared in *Mother Earth News*. The article was the inspiration behind Shelly's interest in gardening.

For a boy who grew up in the Bronx where "all they grew were cockroaches," gardening became Shelly's favorite pastime. He was like a sponge soaking up water, reading everything he could about gardening.

Shelly continues his education through numerous gardening association newsletters and books. His collection of books covers two shelves, some he says, have useful information, some he just finds pretty and inspiring.

Shelly planted his first tree as soon as they moved to their house on Country Club. He expanded his garden with the usual things and slowly developed his interest in the unusual. If a plant interested him he researched it to find out if it suited Valley conditions and then proceeded to acquire it. His latest interest is sub-tropical fruits and the varieties he can get to grow here.

Though Shelly owns his own restaurant, his interest in gardening prompted him to start a new business venture, "Edible Landscape by Shelly." He wants to help others make more out of their garden by putting them



Shelly's garden is the only view from his house.



Shelly Schachter with one of his dwarf avocado trees.

where you can see and enjoy them. "It makes you keep them cleaner," he said. "That's where the landscaping comes in."

Shelly's intent with his new business is to give people a realistic idea about what it takes to garden, but he doesn't want to be their gardener. "My motto is, the more someone else tends your garden the less it becomes your garden," he said. His consulting services will cover landscaping and pruning and everything inbetween.

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Hidden Valley Hosts October Splendor

October Splendor, a fashion show and tea dance, will be presented on Sunday, October 26 from 4 p.m. to 6:30 p.m. in Hidden Valley Theatre in Carmel Valley Village.

Bebe Moothart, who is chairing this Friends of Hidden Valley fundraiser, says that the show will feature the latest men's and women's fashions for Fall, Winter and Spring by "IN" stylists and designers. The newest in holiday wear will be shown. Ladies fashions from Europe and America will be presented by Gerry's Designer Fashions; menswear, by Charmak and Chandler. Eighteen models, chosen from the "Friends" and other familiar faces at Hidden Valley, will be accompanied on piano by composer Malcolm Seagrave.

A tea dance will follow the one-hour

fashion show. Music for dancing will be performed by pianist Robert Phillips and percussionist Edward Graham. Hidden Valley offers a nice hardwood floor for dancing. Mary Lou Bernhardt chairs the refreshment committee. Champagne, punch, sandwiches and home-baked cookies and pastries will be served by Hidden Valley volunteers. Designer Lynda Thornton will create table decorations with a Fall motif.

Admission is \$20 per person, and it is tax-deductible. Tables for seating up to ten people will be available for your party. For reservations, please phone 659-3115 by October 22. Proceeds from October Splendor will benefit young talents in music and dance who study at Hidden Valley, an Institute of the Arts.

Animal Fair Boasts Abundant Fun

Join the family fun and festivities at Monterey County SPCA's Animal Fair, to be held October 18 from 11 a.m. to 4 p.m.

Featured will be Jake Stock and the Abalone Stompers, great food, carnival games for the kids, a live snake show, clowns, balloons, pony rides, The Cloggers, a Teddy Bear parade, border collie sheep herding demonstrations, a Kids-at-Heart pet show and The DanceZations and more.

Kimberly Hunt (KMST news anchor) and Sam Matar (local businessman and MCSPCA board member) will emcee events at the main stage. Also, a special guest (to be announced) will be on hand to present the benefit check from an art auction hosted by Miner's Gallery Americana in Carmel. Admission is free.

The SPCA is located on Highway 68 across from Laguna Seca Raceway. For more information, call 373-2631.

MIRA Offers A Night Of Stars

The Monterey Institute for Research in Astronomy will present an evening of looking at the stars on Saturday, October 25 from 7 to 9:30 p.m. at Carmel High School.

Individuals and families are invited to see these and other wonders of the heavens through telescopes when the MIRA amateur astronomers present "Mars and Stars" a free public star party.

For more information call 375-3220.

Harvest Concert Planned

The Wellspring Church of Carmel Valley will host a Contemporary Christian Music Concert on Saturday, October 25 at 7 p.m. at the Carmel Valley Community Center on Ford Road.

Featured will be the talents of Bob Moynihan, Bard Sherman and many others.

Admission is free. There will be refreshments after the concert.

For more information call 659-2833.

Art Auction Will Benefit SPCA

The paintings of local artist Maurice Harvey will be featured at a benefit silent art auction on Friday, October 17 from 7 to 9 p.m.

The auction, which benefits the Monterey County SPCA, will be held at Miner's Gallery Americana in Carmel. A champagne reception is included.

Art collectors locally and throughout the United States will be invited to bid on Harvey's painting of a rural California scene. Gallery Director Peter Magee says the minimum bid will be \$6,500.

For more information or to receive an invitation, contact the SPCA at 373-2631 or Miner's Gallery Americana at 624-5071.

Trail & Saddle Club Begins Schooling Shows

The Carmel Valley Trail and Saddle Club announces that the first in a series of five monthly English schooling shows will be held on Sunday, October 19 at 9 a.m. at the Club grounds on East Garzas Road.

Cost for the horse/rider is \$20 for the day, who then may ride in one of five offered divisions: Beginner Rider; Green Horse; Pony; Children (17-under); and Adult. Jumping and flat classes will be offered, with ribbons through sixth place, and high point and reserve division awards at the end of the day. Division points will carry through the series for an ending championship award. Future dates are scheduled for the second Sunday of the month from November to February.

For more information call Margaret Lidstrom, 624-1472.

Practice For Turkey Shoot

You better get out your targets and get practicing so your aim is right on target for the ninth annual Cachagua Volunteer Fire Company's Turkey Shoot.

The Turkey Shoot is planned for November 1 and 2 and will run from morning to night. There will be a rifle, pistol range, shotgun range and BB range. For more information call 659-2678.

Library Plans Halloween Story-time

Carmel Valley Library will present a Halloween story-time on Wednesday, October 29 at 4 p.m. Shelly Cullin will be the story-teller.

All children are invited to participate.



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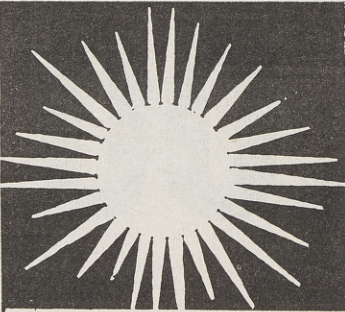
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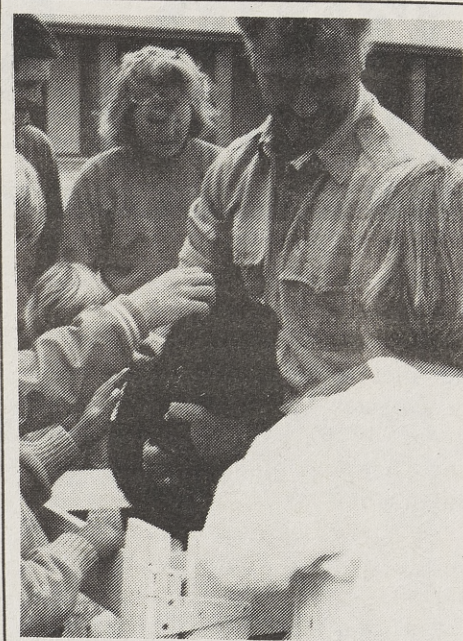


Bill, the sheepdog trained by George Watters of the Family Farm Project gave children a demonstration of his skills in herding sheep. George directs Bill through a series of whistles.

Sheepdog Trials Announced

The International Sheepdog Trial will be held October 26 on the Polo Fields in Pebble Beach. The Trial is a fundraiser for the Family Farm Project, a non-profit organization set up to bring back an awareness of the importance of family farms. The project has short and long term goals. The long term goal is to have a family farm where children and adults can get a hands-on experience with farm animals. The farm would include demonstrations, displays and special activities. To help promote The Family Farm Project, Director George Watters, who is the program's founder, organized a traveling demonstration. Along with his Sheepdog, Bill, George visits schools and camps with a truckload of farm animals, including "Spotly," a baby pig, calves, goats and sheep. One of the highlights of the traveling exhibit is a demonstration of Bill's sheep herding skills and George's skills as a handler.

George grew up on a dairy and sheep farm in New Zealand. He is still farming and he and Bill work the farm together. George feels the family farm is dying in America. Children aren't aware of where their food comes from because they are lost in technology he said. This project is his attempt at keeping the family farm alive.



The part of the Family Farm Project that is already underway is the traveling demonstration that allows children a hands-on experience with farm animals.

SED Raids Church Creek

In the last issue we reported that rumors of fugitives hiding in the Church Creek Divide area were unfounded. Since then, Sgt. Joe Anzini of the Sheriff's Special Enforcement Detail (SED) released further details on what was taking place in the area.

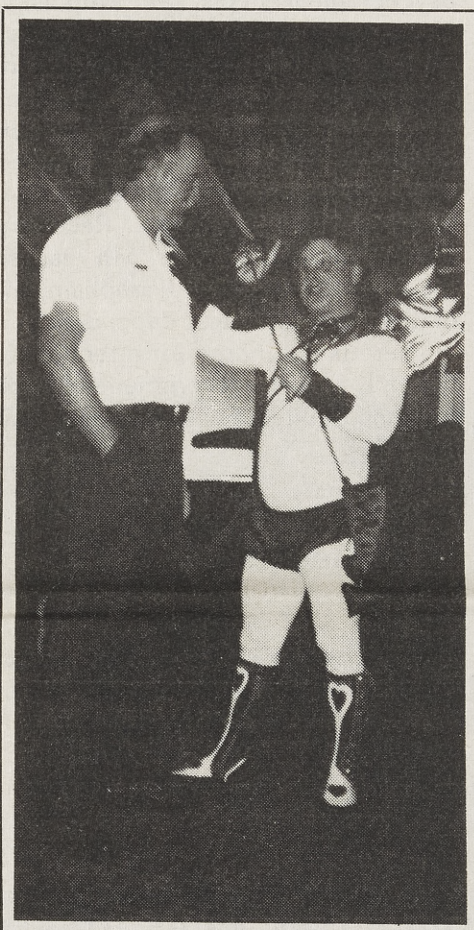
After receiving anonymous tips for some time that several subjects were living in caves in the area, the SED, Campaign Against Marijuana Planting (CAMP) and the U.S. Forestry Service on Sept. 26, rode into the Church Creek Divide on horseback while other Deputies flew overhead in the CAMP helicopter.

The Deputies discovered a marijuana garden in an area above the caves. Taken from the garden were 85 plants approximately 3 feet high and weighing 22 pounds.

Found near the garden was a large campsite which contained a tent, camping equipment, and several hundred feet of black plastic PVC pipe. A Ruger 10-22 semi-automatic rifle, and several hundred .22 caliber rounds were also found.

According to Sgt. Anzini's report, it was evident the suspects had been in the area for some time. Remains of old marijuana gardens were found as were established water lines.

Several caves were checked but no suspects were found in the area. The case is continuing pending further investigation.



Surprise

What's a nice guy like you doing in a place like this? Getting a surprise visit from Cupid. What else? Fire Chief Bob Heald was surprised with a visit from the frolicsome cherub on his birthday. We won't say how old Bob is but we will say he is now genuinely over-the-hill.

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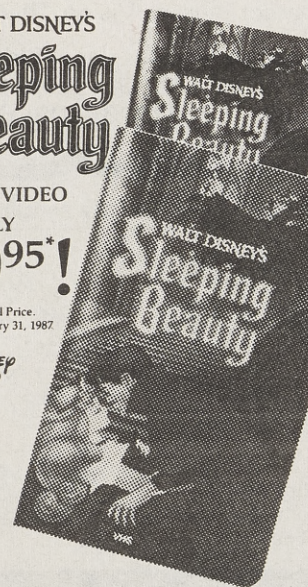
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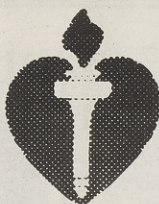
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HELP YOUR HEART



**American
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AHA

The new American Heart Association diet guidelines announced recently give exact advice on how much salt to eat each day, alcoholic drink limits and what percentage of fat to include in your diet.

"The new diet guidelines do not differ greatly from what we've been saying all along," said Central Mission Trails Chapter President, Robert G. Van Horne, M.D. "They're just more specific."

The salt guidelines are based on the total calories a person eats each day. The recommendation is that sodium intake not exceed one gram per 1000 calories with an upper limit of three grams of sodium a day no matter how many calories are consumed. Blanche Shepherd, a local AHA volunteer and dietitian, points out that "this recommendation is for the total salt you are eating and not just the salt you sprinkle on your food at the table." One gram of sodium equals about 1/2 teaspoon of table salt.

"Soft Is The Heart of A Child" Shown

"Soft Is the Heart of a Child," a film about alcoholism, will be shown at 6:30 p.m. Wednesday, Oct. 22 in the Education Building behind the Community Hospital Recovery Center, 576 Hartnell St., Monterey.

After the film, Recovery Center staff personnel will lead a discussion on drug and alcohol addiction, and treatment for the disease of chemical dependency. For more information, call 373-0924.

Alcohol consumption is another area where the AHA diet now gives exact guidelines. "We are not suggesting that people include alcoholic beverages in their diets," Dr. Van Horne said, "even though some recent studies have found that moderate alcohol consumption may result in some benefits in relation to cardiovascular disease. The facts are well established as to the accidental deaths and disease which relate to alcohol abuse, so the AHA does not advise its use in hope of preventing heart disease."

For people who do consume alcohol, the AHA diet suggests that the caloric intake from these beverages be kept to 15 percent of the total calories. For instance, an individual who eats 1,500 calories a day could have 1.5 beers, 2.5 glasses of wine, or two whiskey drinks which contain 1.5 ounces of alcohol.

On fat consumption, the new guidelines say to eat a little less than in the past. Previously, the AHA said that fat

An Answer For Abusers

Family and friends of someone with a drug or alcohol problem can help the addicted person to recovery through a professionally arranged intervention.

A free workshop to explain how those who care can confront the alcoholic or addict in a loving way will be conducted from 1 p.m. to 2:30 p.m. Tuesday, October 21 at the Community Hospital Recovery Center.

All interventions at the Recovery Center are offered as a free public service. For more information, call 373-0924.

should comprise 30 to 35 percent of your total calories. The new guidelines say to keep it at 30 percent with saturated fat making up no more than 10 percent of the total fat calories. Saturated fat can be found in both animal and vegetable fat. Blanche Shepherd explained that saturated fat is in meat and dairy products and in some vegetable fats. "The fats that are hard when at room temperature are saturated fats," she said. Examples are palm oil, solid shortening, coconut oil and lard. "These are all common ingredients in many processed foods such as cookies, crackers, packaged pasta dishes, non-dairy creamers and cake mixes," she noted.

Many people can improve their diets by eating more fruits, vegetables and grains," Mrs. Shepherd said. The AHA

now says that 50-55 percent of daily calories should come from carbohydrates.

"People whose diet is made up of 60-75 percent carbohydrates, particularly the complex carbohydrates of vegetables and grains, have a very low prevalence of fat build-up in their blood vessels," Dr. Van Horne observed. The typical American diet contains about 40-45 percent carbohydrates each day.

Anyone who would like a complimentary copy of the new AHA Diet Statement and rationale may request from the CMT office by phone, 372-0485. Also, two free brochures, *Cholesterol and Your Heart* and the *American Heart Association Diet*, are helpful for nutrition planning.

CHOMP To Host Health Forum

"Habit or Addiction: What's the Difference?" will be the topic of a community health forum to be presented from 9 a.m. to 12 p.m. Saturday, Oct. 18 in the Main Conference Room at Community Hospital of the Monterey Peninsula.

Panelists will be four staff members of the Community Hospital Recovery Center, 576 Hartnell St., Monterey, which provides inpatient and outpatient treatment for people with drug and alcohol problems.

Lloyd Parker, M.F.C.C., outreach coordinator of the Recovery Center, will provide an overview of addiction

including its physical and psychological effects. Lee Jampolsky, Ph.D., outpatient director, will discuss co-dependency, family issues, and intervention. Timothy Franklin, M.F.C.C., inpatient director, will talk about the most commonly misused drugs, including caffeine and nicotine. And Dr. Lee Goldman, Recovery Center medical director, will discuss the medical aspects of alcoholism, addiction, and chemical dependency.

There is no charge for attendance, but early arrival is recommended since seating is limited. For information, call 625-4505.

New Exercise Class Begins

A new, low impact, body toning class is being presented at the Carmel Valley Community Chapel on Tuesday and Thursday evenings from 5:30 to 6:40 p.m. in the Chapel's Fellowship Hall.

The new classes are conducted by Jan Davey, who is donating all of the

proceeds to the church.

The classes are for people of all ages, and persons interested in improving their fitness through low impact aerobics are invited to attend.

For more information call Jan Davey, 375-3785.

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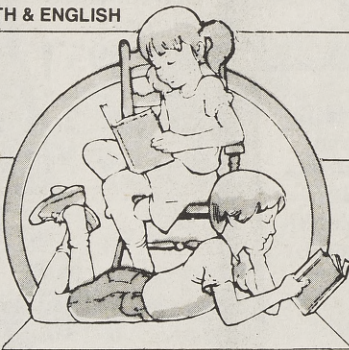
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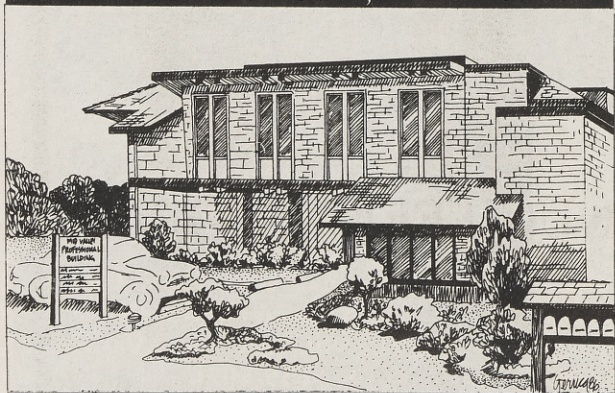
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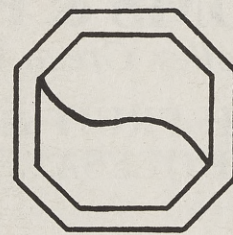


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Non-Fiction

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35. *The Dow Jones-Irwin Guide to Property Ownership* —
36. *Rites* — Victor Perera
37. *The Type E* Woman* — Harriet B. Braiker

by Lou Ray

Booster Club Reception Announced

The Carmel High Booster Club is holding a reception in the high school cafeteria for all Carmel High Alumni and families and the Senior Class and their families immediately after the Homecoming Game against King City on Oct. 25.

Homecoming festivities this year will also include a Pep Rally and a parade down Ocean Avenue at 3 p.m. on Friday, Oct. 24.

Class floats and the Homecoming Queen with her court will be presented on the field at Halftime. The newly formed Carmel High School Band will provide the music. A Homecoming Dance at the Doubletree Inn on the evening of the game will culminate all the Homecoming activities. The dance is sponsored by the Associated Student Body.



Join In The Carnival Fun

Friends and members of the Tularcitos Elementary School community, are invited to a day of old fashioned carnival fun at the third annual Tularcitos Fall Carnival, Saturday, October 18 from 11 a.m. to 4 p.m. at Tularcitos School on Ford Road in Carmel Valley Village.

There will be a variety of games, crafts and activities, including the ever-popular goldfish toss, wheel-of-fortune, a cake walk and much more. Participants can try a hand at leather-working or making a head-wreath. A pocket-clown will entertain with

delightful prizes. Face painting or nail painting will also be available.

The Farmer's Market will offer bouquets of fresh cut flowers and fresh vegetables.

Food will be abundant. Hamburgers, hot-dogs, baked potatoes and nachos will be available.

Admission is free. Tickets for game booths will be \$1.25, good for 5 games or activities.

The Carnival is sponsored by the Tularcitos Parents Club. Proceeds are used for classroom materials, special school assemblies and field trips.



Smokey Visits Chapel Preschool

Smokey the Bear from the U.S. Department of Forestry was a surprise guest at the Carmel Valley Chapel Preschool on Monday, September 29. Smokey talked to the children about fire prevention, safety awareness and protecting our forests. Smokey repeated his famous line: "Remember only you can prevent forest fires."

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CVPOA Picnic Proved Successful

The sun sparkled, the speakers were eloquent, informative...and brief..., the food and drink were excellent, and the Carmel Valley Fire Department's demonstration of "The Jaws of Life" in a simulated rescue was dramatic. All this at the Carmel Valley Property Owners Association picnic held Sunday, September 28, at Robles del Rio Lodge and attended by more than 130 CVPOA members and interested other citizens.

Mrs. Richard Heuer was the main arranger of the day's activities. Gene Erner, CVPOA president, spoke briefly on association activities and Fire Chief Robert Heald, of the Carmel Valley Fire Department, told how the department serves the many needs of

valley residents.

Highlighting the program was a demonstration by the Fire Department of how "The Jaws of Life" equipment is used to extricate a car wreck victim. Principal emphasis was placed on the care necessary in removing the victim from the wreckage. Lieutenant Jeff Frye was the arranger and narrator for the program. Other participants who volunteered their time were engineers Roger Gardiner, John Radon, Lee Warner, Pat Dowd and Dave Chaney; firemen Tom Augustitus and Matt Allaire; and Assistant Chief Don Cummings.

The annual picnic will be repeated next year by CVPOA.

Blackthorne Spa Rental Closes

The day after Labor Day, the spa rental facility of Blackthorne Spas ceased to operate. Insurance rates rose to five times that of the previous year, making the continuation of the spa service cost prohibitive. Locksin Thompson, owner, wishes to thank the community for its participation in the spa business during the four years that it was part of Carmel Valley and

regrets not being able to continue to serve the community in this capacity. Any gift certificates or discount cards are redeemable upon presentation at Blackthorne.

Blackthorne is still open. Installation, sales and spa and pool maintenance service is available. The tanning booth is also still in operation.

Sheriff's Log

September 25-October 8

September 25: Property stored at Robles Del Rio Lodge for the past 1 1/2 years was reported missing; Domestic violence. **September 26:** Theft, Esquiline, bicycle taken; Two men arrested at Carmel Rancho 76 station for carrying concealed weapon and loaded firearm. **September 28:** Masterpiece Antiques door reported open. **September 29:** Theft, Paso del Rio, large number of flowers and plants taken from greenhouse; Neighbors feuding; Frightened, a woman reported her dog barking after hearing a motorcycle in the area; Frightened, a woman reported phone calls from an unknown subject. **September 30:** Fight, students at CHS fighting in gym; Trespassers reported; DUI arrested west bound on C.V. Rd. **October 1:** Woman arrested for passing checks on closed account, Crossroads Safeway; Suspicious circumstances, Rio Vista, neighbors reported unlocked door; A man reported receiving annoying phone calls from his ex-wife. **October 2:** Purse found at C.V. Post Office reported; Suspicious persons, Tierra Grande; Dispute between store owners at Crossroads; Crossroads Safeway reported a shoplifter, due to possible mistake in facts, the shoplifter who was a visitor from Italy was released without being cited; Frightened, Fern Court, a woman reported that someone knocked on her rear door; Found items, an inflatable rubber raft was found on C.V. Rd. by Scarlett Rd. **October 3:** Suspicious circumstances, Laurel Drive, a man reported receiving a phone call asking about the water service, after checking with the water company, he felt that someone just wanted to know if he was home, he was burglarized last June; Loud music, Paso Hondo; Frightened, C.V. Rd., near Mid Valley, resident reported hearing noises outside, Deputies found a family of opossums on the northwest side of the house, the report showed the possum family was cited and released. **October 4:** Suspicious circumstances, a restaurant owner reported receiving a call from an unknown female telling him he was the father of her child; Vandalism, Mira Monte, mailbox removed; Patrol observed a vehicle parked off C.V. Rd. 100 yds east of Rippling River, found were 2-8' marijuana plants, 20 yds away officers located a small field with 4 more 8' plants and 2-2' plants, two arrests were made; Frightened, La Rancheria, noises. **October 5:**

Theft, Cotton Bale, front display window was broken, subjects entered and took cash; Theft, Valley View, unlocked car entered, stereo taken; Neighbors reported for trespassing, Paso Cresta; Theft, Carmelo, locked vehicle entered and stereo partially removed. **October 6:** Search warrant served, Schulte Rd., marijuana found; 3 juveniles were taken into custody for possession of marijuana violation, Carmel High School; Lady's gold watch and man's gold bracelet were reported missing after being involved in an auto accident on C.V. Rd. two weeks ago. **October 7:** Kasey's clerk reported a man for causing a disturbance because the clerk wouldn't cash his check; Homeowner reported having a problem with a renter.

Fire/Ambulance Log Carmel Valley Village

October 2: Illegal barbecue, Rosie's Bridge. **October 3:** Smoke investigation, Miramonte; Medical Emergency (ME), Via Contenta. **October 5:** ME, Los Tulares. **October 7:** ME, La Ventana.

Mid Carmel Valley

September 28: ME, Valley Green Circle, TC. **September 29:** ME, Valley Green Circle, TC. **October 2:** Non-injury accident, C.V. Rd. east of the fire station. **October 6:** Brush fire, Saddle Mountain Ranch, false alarm; Dryer fire, Mid Valley Shopping Center; Smoke investigation, C.V. Manor.

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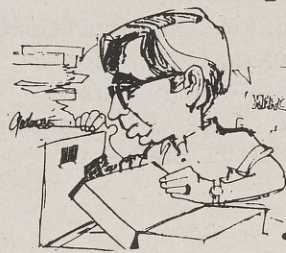
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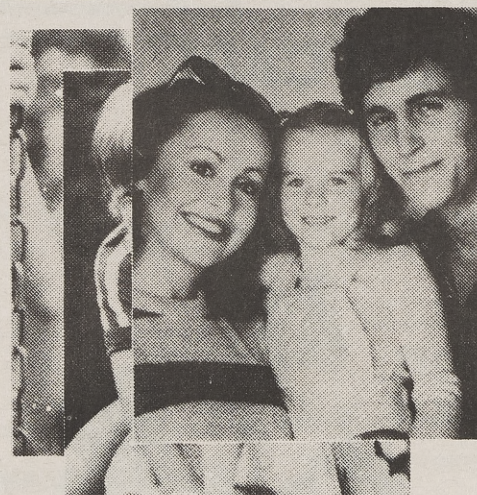
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4-H CLUB NEWS

by Ben Maxinoski
Club Reporter

The Boronda 4-H and its members are still celebrating National 4-H Week October 5 through 11.

Have you been thinking about joining 4-H? Well, this is the right time for you, if you are nine years of age (or in the fourth grade by December 31, 1985) through 18 years of age.

Members of the club have a monthly meeting in which they discuss business and their projects. There are many projects to choose from, such as

Horse, Lamb, Swine, Goats, Rabbits, Arts and Crafts, Photography, Aerospace and Rockets, Cake Decorating, and Sewing just to name a few.

Members of the Club are from the many cities that make up the Monterey Peninsula. This is a very active 4-H Club and encourages anyone interested to call 624-1015 for further information about sign-ups.

Benefit Planned For Music Programs

"Youth in Music" is the theme for a special evening planned for Friday, October 17, by the Carmel Middle School Music Department and the Carmel Unified School District Music Booster Club.

Plans for the evening include an all-family barbecue followed by a dance for students at the Carmel Youth Center, Torres and 4th Avenue, Carmel.

The barbecue begins at 6 p.m. and will feature charcoal broiled hamburgers, chili beans and salad. The cost is \$3 for adults and \$2 for students. There will be desserts and soft drinks for a nominal fee.

The dance is for the students and includes a separate charge of \$3.

Proceeds from the event will benefit the music program at Carmel Middle School and throughout the District.

Embroiderers Guild Schedule Night Meetings

Due to many requests, the Monterey Peninsula Chapter of the Embroiderers' Guild of America will be offering evening meetings.

The first evening meeting will be held October 20 at 7 p.m. at the New Neighborhood Centre, 280 Dickman, Monterey. Evening meetings will continue the first and third Monday of each month at the Center.

The meetings are open to both ladies and gentlemen who are interested in all forms of needlework.

For more information call Mr. and Mrs. Bruce Pusch, 625-1538.

Bernare Ward Will Be The New Forum Speaker

"The Business and Politics of Nuclear War, How Does One Perpetuate the Other?" will be the topic presented at the monthly luncheon meeting of The New Forum, October 20, 12 noon to 1:30 p.m. at The Lodge at Pebble Beach.

The featured speaker is Bernare V. Ward, Director of the Western Region of Business Executives for National Security. From 1983-85 Ward served as Chief Legislative Assistant to Congresswoman Barbara Boxer and was responsible for Defense legislation to reform Pentagon procurement prac-

tices. He gained notoriety when he brought to light the fact that the Air Force was paying over \$7,000 for a coffee machine on one of its transport planes.

Mr. Ward is a graduate of the University of San Francisco, and the Franciscan School of Theology. He is also a KGO Radio Sunday morning talk show host.

The luncheon is \$13 per person. Prepaid reservations are required.

For more information or reservations call Mez Benton, 372-3469 evenings.

Baha'is Seek Nominations For Human Rights Award

The Baha'is of the Monterey Peninsula Bay area are requesting nominations for the 7th annual Human Rights Award luncheon. The local person selected for this honor must be someone who has performed significant service as an avocation in the field of human rights. Past awards were presented to Nanita Monhollan for her assistance with the handicapped, Nancy Costello for her continued help with the physical needs of the Salinas Valley farm workers, Wilfred Tosch for his efforts with the hearing impairment program, Nell Meyer, an active participant with the Seeing-Eye dog program and braille for the blind, William Monning, an active proponent of Human Rights in Central America and the Salinas Valley, and Rosemary Matson, a peace activist and founder of Continuing the Peace Dialogue.

If you have a nomination, please mail the name and description of service along with your name to Baha'i Human Rights Award Committee, P.O. Box 1131, Monterey, CA 93940. Please place this nomination by November 9.

The Human Rights Award Luncheon will be held at noon at the Casa Munras in Monterey on December 8.

For further information call Dennis Gayle, 649-0821.



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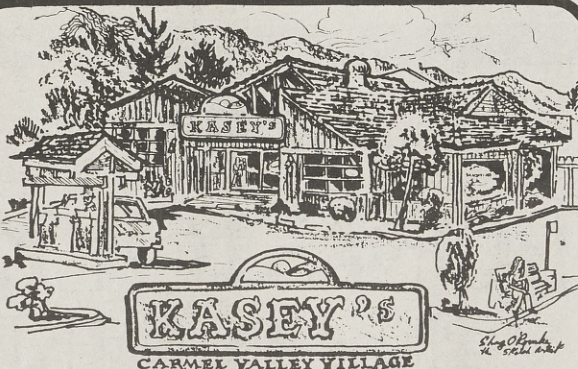
LUNCH & DINNER

New Dinner Menu

Now you can enjoy Chinese Chicken Salad, Stuffed Cabbage, Eggplant Parmigiana and all of your other favorites from our regular menu.

LUNCH: Mon-Fri 11:30-2:00 DINNER: Thur-Fri 5:30-8:00
* We are the oldest, local non-smoking restaurant
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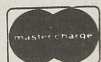
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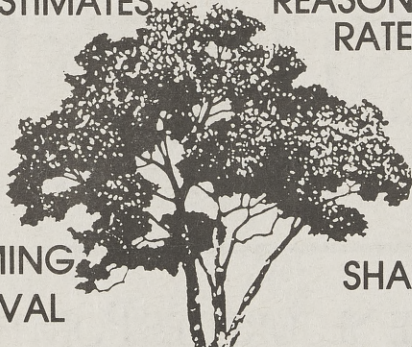


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Carmel Valley Sun Page 11, October 15, 1986

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7:00 a.m. to 6:00 p.m. Mon.-Fri.
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About our muffins, some folks are raving,
Say they've developed quite a craving,

All through town they fight the yearning,
But at the corner, just can't help turning,

They give it their best, but it's quite a feat,
To pass up the muffins at the

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Carmel Valley Road in "The Village"



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I would like to meet you
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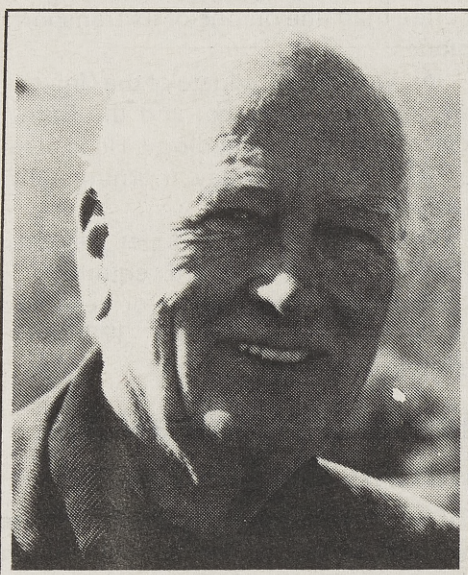
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Non-sexual—1½ hours

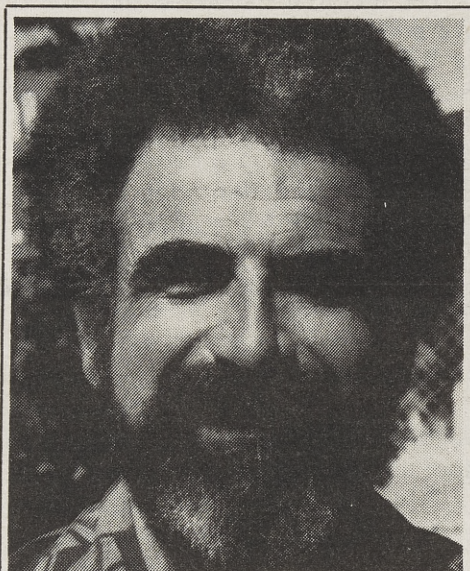
659-2725 or 373-6245

★ WITH THIS COUPON ★

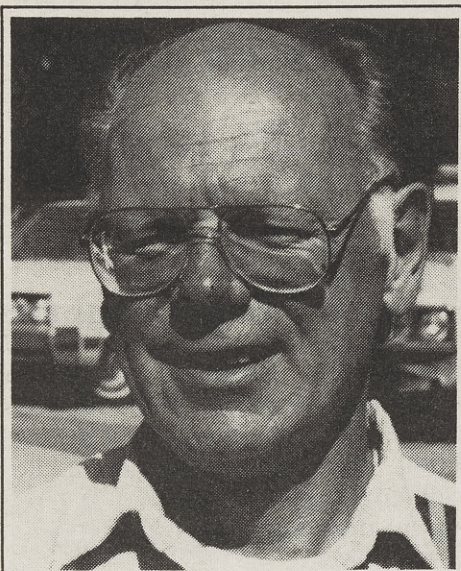
VALLEY VOICES



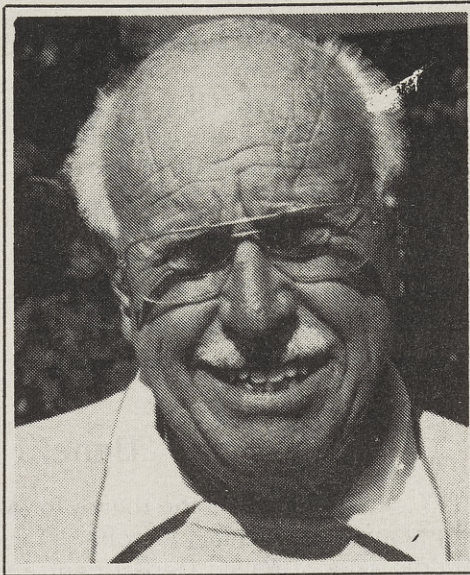
Vic Colton—Vic Colton Realty
"Western village that's retained some of it's original character. Will's Fargo building."



Shelly Schachter—Edible Landscaping
"Peaceful character and the White Oaks building gives that feeling."



Mike Rohan—C.V. Texaco
"I have to go back a ways, but I say a sleepy village and the old Chatterbox."



Dick Nimmons
"Rural ambience, friendly people, relatively unspoiled beauty. Murphys and the new building on the corner of Village Dr."

TRADING POST

SERVICES

Judy Rowley's Home Animal Care visiting pet care while you're away. 659-4609.

Furniture refinishing & restoration, antiques & modern, hand-stripping, FREE pick-up & delivery, estimates. 3 Del Fino Pl. C.V. Village 659-3019.

Garden cleanup 659-3083

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Indoor tanning is still available at Blackthorne. Open 8 am to 6 pm. Call Malina at 659-3089 or 659-3241 for more info.

DRINK PURE WATER free of harmful chlorine, Giardia, asbestos & other impurities in our local water. World's finest on the spot water purification unit. Rated #1 by Consumer's Digest. Easier, less expensive than bottled water. Call Pure Water 659-2103.

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Experienced cleaner needs part time work. Ph 659-3097.

The Frohman Academy seeks large barn in Carmel Valley to store sets. Moderate price (or donated) please! Call Michael Gray 625-9900.

REAL ESTATE

For sale by owner 2.43 level acres at Mid Valley, fully fenced horse pasture w/barn, 2 bdrm house & pool \$300,000. 624-1472.

Want to buy any position Notes and Trust Deeds. Dave (916) 448-1299.

VACATION RENTAL

Leaving for Thanksgiving? We would like to rent your home for our relatives coming to visit. 659-4311 for details.

FOR SALE

Custom redwood table, 7' \$1,000. 659-2950.

CHILD CARE

Wanted daytime nanny/caring mature sitter to care for 2 infants in CV home. M-F beg. Jan 5, 1987. Exp. pref. 659-0282.

LOST

Would whoever took the

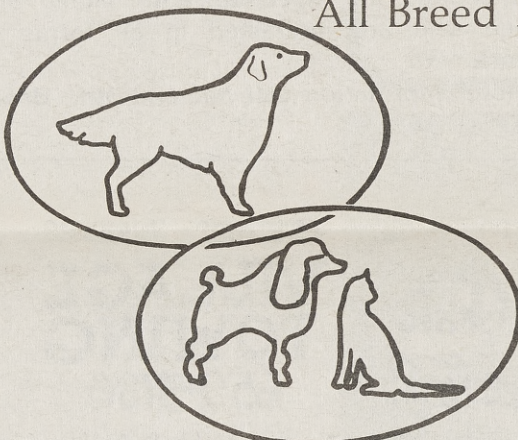
ANNOUNCEMENTS

St. Jude's Novina
—May the sacred heart Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred heart of Jesus pray for us. St.

Jude worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. My prayers have been answered. Say this prayer 9 times a day for 9 days. It has never been known to fail. Publication must be promised. 10/6/86.

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